

Hospice of Kona Grief Support Groups

Two new groups beginning March 2009

Parents Who Have Lost a Child Support Group

First Thursday of Every Month 5:30-7:00 pm

Lunchtime Grief Connections Group

Second Thursday of Every Month 12:00-1:00 pm

Continuing...

Grief Connections Support Group

Fourth Thursday of Every Month 5:30-7:00 pm



To drop by
To check in
To socialize

Opportunities:

Ask questions and receive answers

To share
To discuss issues

Discussion Topics

Understanding about how loss & grief may be affecting your life
Options for making changes
Possibilities for further exploration
Ideas for self-care that may work for you
Identifying your personal style of coping
Moving forward in healing your grief in your own time

Free of charge to hospice families, community members & visitors



A life that touches others goes on forever

www.hospiceofkona.org

Facilitated by Dana Moody, MA
Bereavement Program Coordinator



CONTACTING HOSPICE—324-7700

*Please do not hesitate to call us, even if you don't immediately need our services.
We are here to answer any questions or concerns you may have.*

